

“Our purpose is to provide quality Mental Health Services in Golden Bay to assist people towards achieving wellness and independence.”

Ph 03 525 7647
Fax 03 525 7133
cmh@twm.org.nz
www.twm.org.nz



For Psychiatric Emergencies
Call 03 525 7647
24 hours 7 days per week

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Community Mental Health Service

9am to 5pm
Monday to Friday
03 5257647
24 hour on-call Crisis Service

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24 hours 7 days per week



We are a multidisciplinary team of mental health clinicians, social workers and support workers who provide high quality clinical services to clients and family/whanau that have identified mental health needs requiring assessment, education and intervention. We ensure service user needs are met in a culturally, clinically and safe manner.

The role of the CMHS team is to:

- Support clients to develop and achieve healthy personal goals.
- Provide ongoing support to clients and their families/whanau.
- Support clients to access both their own and community resources.
- Support clients to develop positive relationships that enhance quality of life.
- To work alongside and support other community agencies.

OUR SERVICES

The following services have been developed over the years according to the needs identified by clients, family/whanau, health professionals and other community providers.

Intake, Assessment and Referral Service

Clients may refer themselves or be referred by GPs, relatives, friends or other community agencies. An initial assessment will determine whether the client meets the criteria for our service. Should the client not meet the service criteria they will be referred to an appropriate agency.

Treatment and Support

Following assessment, should the clients be accepted, a Case Manager will be appointed. Together they will develop an individual treatment plan. Support is offered to the client according to individual needs and may be on a short or long term basis.

Psychiatric Emergency Response Team

- We provide a 24 hour, 7 days a week on call emergency psychiatric response and support team.
- CMHS works in collaboration with the local Medical Centre and Police services as required.
- Provide support for the client and their family/whanau in crisis.

Home based Support

A needs assessment will determine if a client is entitled to extra support towards developing independent living skills and social competence in a community setting.

Respite and short term accommodation

- CMHS offers short term emergency respite accommodation to clients of CMHS and other service providers.
- CMHS can refer clients to Kotuku, a consumer run respite centre.